CLAIMS

1 1. Device for determining the allowable UV exposure time and/or UV radiation dose of 2 human skin, with at least one UV emitter (7) for emitting UV radiation, at least one UV sensor 3 (8) for receiving the UV radiation diffusely radiated in and/or on the skin (11), and an evaluation 4 unit for determining the radiation absorption. 2. Device in accordance with Claim 1, characterized by the fact that the UV emitter (7) 1 2 emits UV radiation at which an absorption coefficient µs is greater than or equal to a scattering 3 coefficient µa. 1 3. Device in accordance with one or more of the preceding claims, characterized by the 2 fact that the UV emitter (7) emits UV radiation with a wavelength smaller than the diameter of a 3 cell nucleus. 1 4. Device in accordance with one or more of the preceding claims, characterized by the 2 fact that the UV emitter (7) emits UV radiation with a wavelength of 345 nm to 355 nm. 1 5. Device in accordance with one or more of the preceding claims, characterized by the 2 fact that at least one UV emitter (7) and/or at least one UV sensor (8) is arranged in a housing (9) 3 of a hand-held measuring instrument. 1 6. Device in accordance with one or more of the preceding claims, characterized by the 2 fact that the housing (9) has an application surface (10) for placing it on the skin (11) of a 3 subject, and that the UV emitter (7) and the UV sensor (8) are arranged at an angle relative to 4 each other in such a way that a reflection of a ray on the optical axes (12, 13) of the UV emitter

(7) and the UV sensor (8) occurs at a depth of penetration (e) of up to 1 mm below the

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- 6 application surface (10).
- 1 7. Device in accordance with one or more of the preceding claims, characterized by the
- 2 fact that the depth of penetration (e) is adjustable.
- 8. Device in accordance with one or more of the preceding claims, characterized by the
- fact that the optical axes (12, 13) span an angle (α) of 70° to 110°.
- 9. Device in accordance with one or more of the preceding claims, characterized by the
- 2 fact that the angle (α) can be adjusted to vary the depth of penetration (e).
- 1 10. Device in accordance with one or more of the preceding claims, characterized by the
- 2 fact that the height and/or the distance of the UV emitter (7) and the UV sensor (8) above the
- 3 application surface (10) can be adjusted in order to vary the depth of penetration (e).
- 1 11. Device in accordance with one or more of the preceding claims, characterized by the
- 2 fact that a processor unit computes a mean value of several measurements.
- 1 12. Device in accordance with one or more of the preceding claims, characterized by the
- 2 fact that the processor unit assigns a threshold dose to a measurement and/or a mean value of
- 3 several measurements.
- 1 13. Device in accordance with one or more of the preceding claims, characterized by the
- 2 fact that the fraction of erythemally-effective UV radiation from a radiation source is stored in an
- 3 electronic memory and that the processor unit computes the maximum exposure time and/or
- 4 radiation dose.

- 1 14. Device in accordance with one or more of the preceding claims, characterized by the 2 fact that an interface (15, 17, 18) is provided, by which data can be stored and retrieved.
- 1 15. Device in accordance with one or more of the preceding claims, characterized by the 2 fact that at least one radiation source is operated via the interface.

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- 16. Device, especially in accordance with one or more of the preceding claims, characterized by the fact that a housing (9) has two pairs of UV sensors (20, 21; 22, 23), that in each pair, the UV sensors (20, 21; 22, 23) are oppositely oriented, and that the two pairs are arranged at an angle of 90° relative to each other.
- 17. Device in accordance with one or more of the preceding claims, characterized by the fact that the UV sensors (20, 21; 22, 23) are formed by free ends of optical waveguides (24-27).
 - 18. Device in accordance with one or more of the preceding claims, characterized by the fact that a filter mimic is assigned to a free end of an optical waveguide and that the filter mimic causes a short-wave component of the diffusely reflected radiation to be reflected to a greater extent than a long-wave component.
- 1 19. Device in accordance with one or more of the preceding claims, characterized by the 2 fact that optical waveguides (24-27) end at a common, second UV sensor (33).
 - 20. Device in accordance with one or more of the preceding claims, characterized by the fact that the four optical waveguides (24-27) end at a common, second UV sensor (33).
- 21. Device in accordance with one or more of the preceding claims, characterized by the fact that the second UV sensor (33) has a linear characteristic curve over the erythema-effective

- 3 spectrum.
- 1 22. Device in accordance with one or more of Claims 1 to 19, characterized by the fact
- 2 that the second sensor has a characteristic curve that conforms to the erythemally-effective
- 3 spectrum.
- 1 23. Device in accordance with one or more of the preceding claims, characterized by the
- 2 fact that distance between a pair of UV sensors (20, 21) corresponds to the height of a human
- 3 body on a tanning bed.
- 1 24. Device in accordance with one or more of the preceding claims, characterized by the
- 2 fact that a distance measuring instrument (34) is provided.
- 1 25. Device in accordance with one or more of the preceding claims, characterized by the
- 2 fact that a temperature sensor (35) is provided.
- 1 26. Device in accordance with one or more of the preceding claims, characterized by the
- 2 fact that a UV measurement is initiated by the temperature sensor (35) when an optimum bulb
- 3 wall temperature of a UV radiation source to be measured in a tanning bed or the like has been
- 4 reached.
- 1 27. Device in accordance with one or more of the preceding claims, characterized by an
- 2 associated data bank for storing the data measured by the second UV sensor (33).
- 1 28. Device in accordance with one or more of the preceding claims, characterized by the
- 2 fact that the processor unit computes the maximum exposure time and/or radiation dose from the
- 3 individual data of a subject and a UV radiation source.

29. Device in accordance with one or more of the preceding claims, characterized by the fact that when the maximum exposure time and/or radiation dose is reached, the UV radiation source is shut off.

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- 30. Method for determining the allowable UV exposure time and/or UV radiation dose of human skin, especially with a device in accordance with one or more of the preceding claims, characterized by an individual measurement of the absorption of the erythemally-effective UV radiation in the layer of a subject's skin that develops hyperkeratosis and by the assignment of a UV radiation threshold value.
- 31. Method in accordance with Claim 26, characterized by the fact that the measurement is carried out by means of direct UV irradiation.
- 1 32. Method is accordance with Claim 26, characterized by the fact that the measurement 2 is carried out by means of fluorescence photometry.
 - 33. Method in accordance with one of more of the preceding claims, characterized by the fact that a mean value of several individual measurements is taken.
- 1 34. Method in accordance with one of more of the preceding claims, characterized by the 2 fact that the individual measurements are made at different sites.
- 1 35. Method in accordance with one of more of the preceding claims, characterized by the 2 fact that the individual measurements are made at different skin depths.
 - 36. Method in accordance with one of more of the preceding claims, characterized by the

- 2 fact that a maximum exposure time and/or radiation dose is determined from the threshold value
- 3 and stored data of a UV radiation source.
- 1 37. Method in accordance with one of more of the preceding claims, characterized by the
- 2 fact that the data are actual data derived from a measurement of the UV radiation source.
- 1 38. Method in accordance with one of more of the preceding claims, characterized by its
- 2 use during an irradiation treatment of a subject.